

Best Western Coral Hills, St. George, Utah 800-542-7733

Gluten Free	Lactose Free	Vegan	ITEM	NOT Lactose Free	NOT Gluten Free	NOT Vegan
x	x	v	apple juice			
x	x	v	apples			
	x		breads (all)		x	x
			brown sugar	x	x	x
x			butter spread	x		x
	x	v	cereals (all but Chex)		x	
x	x	v	Chex			
x	x	v	cinnammon			
x			cream cheese	x		x
x	x		eggs, boiled			x
x			eggs, scrambled	x		x
			french toast	x	x	x
x	x	v	gluten free oats			
x	x		honey			x
x	x		jelly			x
x	x		ketchup			x
x			milk	x		x
			muffins (all)	x	x	x
x	x	v	mustard			
	x	v	oatmeal		x	
x	x	v	orange juice			
x	x	v	oranges			
x		v	peanut butter	x		
x	x		sausage			x
x	x	v	strawberries			
x	x	v	syrups (all)			
x	x	v	teas and coffee			
			waffles	x	x	x
			wheat bread	x	x	x
			white bread	x	x	x
x			yogurt	x		x